



ITINERARY FORM


Project Name: Joshi Tabi Wellness Agents Familiarization Trip with Cebu Pacific

Date: 23-26 November 2019

Venue: Manila and Environs

Date / Time	Activity	Remarks
23 November 2019 Saturday	Attire: Casual	
1305H	Depart Tokyo for Manila via 5J 5055	
1720H	Arrive Manila	
	Proceed to hotel; check in	
	Inspection of hotel facilities	
	Welcome Reception with entertainment	
	Overnight	
24 November 2019 Sunday	Attire: Casual	
	Breakfast at hotel	
0800H	Proceed to Intramuros 	
	Intramuros is the historic centre and oldest district of Manila, the capital city of the Philippines. Also known as the <i>Ciudad Murada</i> (Walled City) because of its most famous feature: a nearly three-mile-long circuit of massive stone walls and fortifications that almost completely surrounds the entire district.	
	Intramuros Tour: <ul style="list-style-type: none"> • Rizal Park • Fort Santiago • San Agustin Church • Manila Cathedral 	
1030H	Proceed to Diamond Hotel	Address: Roxas Boulevard, corner Dr. J. Quintos Street, Manila
	Inspection of Diamond Hotel	

1130H	Proceed to Bonifacio Global City (BGC) for Lunch	
1200H	Lunch at Lorenzo's Way	
1330H	Health and wellness experience/free at leisure in BGC	
1530H	Inspection of Shangri-La at the Fort	Address: 30th Street, corner 5th Ave, Taguig, 1634 Metro Manila
1630H	Proceed to Makati	
	Inspection of The Peninsula Manila	Address: Corner of Ayala and, Makati Ave, Makati, 1226 Metro Manila
1830H	Dinner	
	Back to hotel; overnight	
25 November 2019 Monday	Attire: Casual	
0630H	Breakfast at hotel	
0700H	Depart for Tagaytay	
0930H	Arrive at Nurture Wellness Village  <p>A pioneer in the Philippine spa and wellness industry, Nurture Wellness Village is a Philippine Department of Tourism accredited resort which has been a consistent recipient of Trip Advisor's Certificate of Excellence (2014-2016) as one of the Best Hotels and attractions in Tagaytay. Tagaytay City is known as a favorite vacation destination due to its cool climate all year round. Selected to be an APEC 2015 destination, Nurture has been named One of the 28 Most Relaxing Spas in Asia by CNN Go and one of the Top Seven Spas of the Philippines by Asia Spa Magazine. Located deep amidst coffee orchards, Nurture offers a distinctive brand of "Ecotherapy" or healing by and through nature. It provides a unique Filipino wellness experience, from its unique Ifugao native huts to its Filipino themed décor to its therapeutic Filipino themed spa treatments, to its Filipino fusion cuisine in its restaurant.</p>	Address: Nurture Wellness Village Pulong Sagingan, Barangay Maitim II West Cavite, Tagaytay
	Inspection of facilities	
	Spa experience – Traditional Filipino Massage – <i>Hilot</i>	

	<p>Optional:</p> <ul style="list-style-type: none"> • Healthy Food Preparation Demonstration – Learn how to prepare healthy and delectable juices and dishes • Tai Qi Gong Gentle Breathing Exercises – Enhance your well-being with easy and gentle breathing exercises 	
1200H	Lunch at Sonya's Garden	
1330H	Inspection of facilities	
	Halo-halo/Filipino snacks at Balay Dako	
1530H	Back to Manila	
	<p>Proceed to Mall of Asia for inspection and shopping</p>  <p>SM Mall of Asia is a large shopping mall in Bay City, Pasay, Philippines. It is currently the fourth largest shopping mall in the Philippines and the fourteenth in the world.</p>	
	Dinner	
	Back to hotel; overnight	
26 November 2019 Tuesday	Attire: Casual	
	Breakfast at hotel	
0900H	Check out	
0915H	Proceed to Hilton Manila for Inspection	Address: 1 Newport Blvd, Newport City, Pasay, Manila
1000H	Inspection of hotel facilities	
1100H	Early Lunch	
1200H	Proceed to NAIA Terminal 3	
1410H	Depart Manila for Tokyo via 5J 5056	
1950H	Arrive Tokyo	

- END OF TOUR -

As of: 29 October 2019