

MICE + E FAMILIARIZATION TRIP

07-12 December 2020 | Bohol

- Proposed Theme of the Fam Tour : It's so "MICE to be Well!"
- Objective : To present the province of Bohol as an ideal MICE destination that promotes wellbeing and promotes productivity
- Rationale : The impact of COVID-19 is immeasurable. With each passing day of this pandemic, it has brought so much stress and anxiety to so many people. As we were caught in quarantine and lockdowns, and work from home set-up, we were deprived of the benefits of nature at a time when we need it the most.
- According to an online article of the University of Birmingham, scientists increasingly recognize the beneficial effects of nature exposure on immune functioning, mood and feelings of well-being in a COVID-19 era. Experiencing nature has been shown to reduce stress levels, help people feel less overwhelmed and more in control of the situation. (source: <https://www.gih.org/views-from-the-field/the-urgent-need-for-nature-during-and-after-covid-19/>)
- Furthermore, the scientific interest, studies and research into the effect of nature on well-being has received much international academic attention from the likes of the American Psychological Association and Cornell and Stanford Universities. One key study often cited found that office workers with a view of nature liked their jobs more, enjoyed better health and reported greater life satisfaction.
- This familiarization tour will support the above-mentioned benefits of being one with nature. Bohol's signature sites – Panglao beaches, Chocolate hills, tarsier watch, river ride, lush tropical rainforests, and amazing diving spots will easily support one's wellness and productivity.

PROPOSED ITINERARY
(SET 1)
As of 25 November 2020

DAY 0: **05 December, Friday | Pre-departure**

- Conduct of RT-PCR Tests at the TPB Office
- Guests to undergo self-quarantine before the tour

DAY 1: **07 December, Monday | MAADJONG PAG ABOT sa BOHOL (Manila to Bohol)**

09:10 - 10:30	Scheduled flight from Manila to Panglao on PR2773
10:30 - 12:00	Arrival in Panglao, Bohol - Orientation on the Health and Safety Protocols of the Bohol Province
12:00 - 13:30	Proceed to Bellevue Hotel
13:30 - 14:30	Lunch at Bellevue Venue: TBA
14:30 - 15:00	Hotel check in Freshen up
15:00 - 15:15	Proceed to BE Brand Resort for site inspection
15:15 - 16:00	Site Inspection of BE Grand Resort
16:00 - 16:15	Proceed to Modala Resort
4:15 - 5:00pm	Site inspection of Modala Resort
5:00 - 5:15pm	Proceed to dinner venue
5:15pm onwards	Cocktails / pre-dinner activity Dinner Venue: TBA
7:30pm	Return to hotel Overnight at hotel

- End of Day 1 -

DAY 2: **08 December, Tuesday | BOHOL ICONS in the NEW NORMAL (Countryside Tour)**

07:00 - 08:00	Breakfast
08:00 - 08:15	Proceed to Amorita Resort
08:15 - 09:30	Site Inspection of Amorita
09:30 - 09:45	Proceed to Hennan Resort
09:45 - 10:15	Site Inspection of Hennan Resort
10:15 - 10:30	Proceed to Henann Resort
10:45 - 11:00	Proceed to Bluewater Panglao Beach Resort
11:00 - 11:45	Site Inspection of Bluewater Panglao Beach Resort
11:45 - 12:00	Proceed to lunch venue
12:00 - 13:45	Lunch Venue: TBA
13:45 - 14:00	Proceed to Mithi Resort & Spa
14:00 - 14:45	Site Inspection of Mithi Resort & Spa
14:45 - 15:00	Proceed to Bohol Beach Club (BBC)
15:00 - 15:45	Site inspection of BBC
3:45 - 4:00pm	Proceed to Bohol Bee Farm
4:00 - 5:00pm	Light afternoon snacks and Site Inspection of Bohol Bee Farm

Bohol Bee Farm is a privately owned resort and hotel but it is best known for two things — its restaurant and organic farm.

Owner and Chef Vicky Wallace prepares delicious meals from organically-grown vegetables on her farm--from squash muffins, vegetable lasagna to her specially-brewed coffee from roasted corn and wild berries.



5:00 - 5:15pm	Go back to hotel
5:15 - 6:45pm	Free time / Freshen up
6:45 - 7:00pm	Proceed to dinner venue
7:00pm onwards	Dinner Venue: TBA
	Back to hotel / resort

- End of Day 2 -

DAY 3: 09 December, Wednesday

06:30 - 07:30	Breakfast at the Hotel
07:30 - 08:40	Proceed to to Bilar

Pass by the man-made forest of Bilar and Loboc

The man-made forest is a 2-kilometer stretch of mahogany trees that carpet the sloping ground where the municipality of Loboc meets Bilar. Travelers going to the Chocolate Hills from Loboc will not miss this.

08:40 - 08:50	Photo op at the man-made forest
08:50 - 09:30	Proceed to Bohol Chocolate Hills
09:30 - 10:15	Sight-seeing of Bohol Chocolate Hills

The majestic Chocolate Hills is one of the Philippines' most popular tourist attractions and is the top destination for Bohol tours. It got its name from its strange yet unique formation and rich vegetation that turns into chocolate brown during the dry months.



Note: Pass by Chocolate Hills Adventure Park if open

10:15 - 11:00	Proceed to Tarsier Conservation Area in Loboc
11:00 - 11:45	Visit the Tarsier Conservation Area

The Tarsier Conservation Area is an initial six-hectare woodland area located in the town of Loboc. It is the new home of captive tarsiers previously displayed for tourists along the Loboc River.



11:45 - 12:15	Proceed to Loboc River Cruise
12:15- 13:45	Loboc River Restaurant One of the popular destinations in Bohol is The Loboc River where one can get on board a floating restaurant and enjoy the Loboc River cruise.
13:45 - 14:00	Freshen up
14:00 - 15:00	Proceed to Cultural Tour (Running Tour)
15:00 - 16:00	<u>Explore Culture and History:</u> Blood Compact Shrine Cathedral de San Jose Baclayon Church
4:00 - 4:15pm	Proceed to Panglao Island
4:15 - 5:00pm	Personal time Freshen up
5:00 - 6:00pm	Networking / consultation with Bohol LGU
6:00pm onwards	Farewell Dinner Venue: Hotel / resort where participants are staying



- End of Day 3 -

DAY 4: 10 December, Thursday | Bohol to Manila

7:30 - 09:30am	Breakfast
09:30 - 09:45	Hotel check out - Proceed to Panglao International Airport - Airport check in
11:10 - 13:30	Scheduled flight from Panglao to Manila Proceed to hotel for lunch Check in and conduct of RT-PCR Tests Debriefing of Tour Participants during dinner Stay at the hotel with full board accommodations until 11 December until release of RT-PCR test