



**WORLD TRAVEL AND TOURISM COUNCIL
PROPOSED POST-TOUR DESTINATION: SOUTHERN LUZON
(TAGAYTAY AND BATANGAS)
THEME: WELLNESS**

Experience the world-class medical wellness resort and a luxury holiday. Participants will have the chance to see the breathtaking view of the world's smallest active volcano and be nurtured with a wide range of wellness services.

| DATE | TIME | ACTIVITIES | REMARKS / DESCRIPTION |
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| DAY 1 April 23, 2022 (Saturday) | MANILA/TAGAYTAY | | |
| | | Breakfast at the hotel | |
| | 0830H | Hotel check-out | |
| | 0900H | Proceed to Tagaytay City, Cavite   | <p>Tagaytay City is known as the country's second summer capital next to Baguio. Its famous Tagaytay Ridge is actually part of the crater of an ancient volcano that collapsed years ago.</p> <p>Within this collapsed volcano are the Taal Lake and Taal Volcano – renowned as the smallest in the world. The Ridge offers a panoramic vista of this natural wonder, as well as picnic spots, accommodations and other recreational facilities.</p> |

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| 1200H | <p>Lunch at Antonio's</p>    | <p><i>Tucked away in Tagaytay, Antonio's resides in a Spanish colonial-style house and exudes a quiet, comfortable gentility.</i></p> <p><i>At Antonio's, they aspire to achieve a perfect balance between delicious food and a homey ambiance. They take great pride in finding the very best ingredients for every dish served. In the kitchen, they marry precise culinary techniques with loving respect for the ingredients. Antonio's understands the importance of pairing fine cuisine with casually refined interiors and effortless, well-trained service. From the moment you walk through their doors, you are their guests, to be entertained and pampered. Antonio's is much more than a restaurant. It is an experience.</i></p> |
| 1300H | <p>Tagaytay City Museum Tour</p> <ul style="list-style-type: none"> • Puzzle Mansion  | <p>Puzzle Mansion is the only jigsaw puzzle museum in the world owned by the late Georgina Gil-Lacuna, a businesswoman and an avid collector of jigsaw puzzles. This museum houses a total of 1,028 sets of jigsaw puzzles of all sizes, shapes, and forms defeating Brazil's record of only 238 puzzles.</p> <p><i>The collection consists of 2D, 3D, and 4D puzzles including</i></p> |



- **Museo Orlina**



replications of world-renowned paintings like *Las Meninas* by Diego Velázquez, Michelangelo's *The Creation of Adam*, and *Mona Lisa* by Leonardo Da Vinci.




Museo Orlina is the showcase of the artistry of internationally acclaimed Ramon G. Orlina, pioneer and foremost practitioner of glass sculpture in the country.

The Museo Orlina opens its door to the public, where they can view superb examples of Ramon Orlina's scintillating artistry to their delight and enchantment. The museum is also committed to supporting and promoting public interest, awareness, knowledge, education, understanding, and enjoyment of modern and contemporary visual art in the Philippines and abroad.



1700H Check-in at Escala Tagaytay









From the panoramic view of Taal Volcano, **Escala Tagaytay** is an ideal spot from which to discover Tagaytay. Offering hotel guests superior services and a broad range of amenities, Escala Tagaytay is committed to ensuring that your stay is as comfortable as possible.





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| | |  | For the comfort and convenience of guests, the hotel offers 24-hour security, daily housekeeping, free Wi-Fi in all rooms, a 24-hour front desk, facilities for disabled guests. Superb facilities and an excellent location make the Escala Tagaytay the perfect base from which to enjoy your stay in Tagaytay. |
| | 1900H | Welcome dinner at the hotel | With cultural show |
| | | Overnight | |
| DAY 2 April 24, 2022 (Sunday) | TAGAYTAY | | |
| | | Breakfast at the hotel | |
| | 0900H | Proceed to Nurture Wellness Village   | <p>Nurture Wellness Village is the pioneer wellness spa in the Philippines, situated in the heart of Tagaytay. They offer a distinctive brand of “Ecotherapy” while still maintaining their services purely Filipino — from spa services, down to the food offered.</p> <p>Selected to be an APEC 2015, ASEAN Minister’s and SEA Games destination, it has also been named One of the 28 Most Relaxing Spas in Asia by CNN Go and one of the Top Seven Spas of the Philippines by Asia Spa Magazine. Nurture is an Agoda Gold Circle Award Winner of 2020 and ANAHAW Awardee for Sustainability.</p> |

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| 0930H | <p>Nurture Wellness Village Treatment and Activities</p> <p><i>Batch 1</i></p> <ul style="list-style-type: none"> • Interactive farm tour (Nurture Farmacy) • Spa treatment (body/foot) <p><i>Batch 2</i></p> <ul style="list-style-type: none"> • Tour of the property • Coffee and healthy juice preparation demonstration <div data-bbox="396 695 954 1079" data-label="Image"> A man in a green polo shirt is smiling and pouring a yellow liquid from a glass pitcher into a glass. He is standing behind a counter with various items including bananas, a bottle of oil, and some green herbs. </div> <div data-bbox="396 1121 954 1480" data-label="Image"> A group of people are walking along a path in a lush green field. There are trees and a thatched-roof building in the background. </div> | <p>Nurture Farmacy, is an eco-friendly farm destination where you can witness the wonders of sustainable farming. Understand the link between human anatomy and medicinal plants on the interactive farm tour. Get tips on how to make organic pesticides and fertilizers during the activity. Explore Balik Tanaw, a museum that showcases the beautiful weaving culture of the Tingguian tribe from Abra.</p> <p>Nilaib is a Filipino version of the hot stone massage that uses steamed pouches of traditional Filipino herbs wrapped in banana leaves that removes body aches and leaves you rested and rejuvenated.</p> <ul style="list-style-type: none"> • Body massage (<i>nilaib</i>) – 1 hour • Foot massage – 45 mins/1 hour |
| | <p>Lunch at Farmer's Table</p> <div data-bbox="396 1583 954 1902" data-label="Image"> The interior of a restaurant with a high ceiling and large windows. There are several round wooden tables with white chairs. The walls are decorated with colorful artwork and plants. </div> | <p>Serving only the freshest ingredients from farm-to-table goodness in the midst of nature. An escape to the countryside you'll never forget! Farmer's Table is located inside Nurture Wellness Village.</p> |

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| | 1300H | Continuation of activities <i>Batch 1</i> <ul style="list-style-type: none"> Tour of the property Coffee and healthy juice preparation demonstration <i>Batch 2</i> <ul style="list-style-type: none"> Interactive farm tour (Nurture Farmacy) Spa treatment (body/foot) | |
| | | Suman at Mangga with native chocolate light snack | |
| | 1800H | Dinner at Balay Dako  <p><i>Balay Dako does not take table reservations as they have a first come first served policy. A special arrangement request can be made for the WTTC Post Tour group.</i></p> | <p><i>Balay Dako</i> is a restaurant that proudly serves Filipino food. From native dishes created before written histories to inspirations fashioned by seafaring traders and the assimilations shaped by colonial occupation, Filipino cuisine is defined by struggle and acceptance, upheaval, and adaptation.</p> <p><i>In Negros province language, Balay Dako means Big House. At one time, family compounds were built around a large central home. This Balay Dako became the gathering place.</i></p> |
| | 1930H | Back to Hotel | |
| DAY 3 April 25, 2022 (Monday) | TAGAYTAY/LIPA | | |
| | | Breakfast at the hotel Checkout | |
| | 0800H | Proceed to The Farm at San Benito, Batangas  | <p><i>The Farm at San Benito</i> is an eco-luxury holistic medical wellness resort located in Lipa, Batangas, just a 90-minute drive south of Manila. It rests on a 48-hectare lush green jungle, with a stunning view of the majestic mountains, fresh air with pristine and uplifting life-giving energy radiating</p> |

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| | <div></div> <div></div> | <p><i>around the property. The Farm has been honored with over 80 prestigious international awards including “Best Medical Wellness Resort in the World” from SENSES Germany which made its mark as one of the leading medical wellness destinations in the Asia-Pacific region.</i></p> <p><i>The Farm has also been issued by the Philippine Department of Tourism Safety Seal and World Travel Tourism Council Safe Travels in recognition of the property’s strict adherence to safety and health protocols against COVID-19.</i></p> |
| 0900H | <p>On-site Antigen Test Check-in at The Farm at San Benito</p> <div></div> | |
| 1000H | <p>Wellness Activities that can be incentivized:</p> <ul style="list-style-type: none">• Wellness talk with integrated medical• Holistic health orientation• Healing sanctuary SPA and Acqua sanctuary orientation | <p>Subject to activity available on the date</p> |

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| | | <ul style="list-style-type: none"> • Live blood analysis • Philippine Hilot  | |
| | 1200H | Lunch at the resort (Alive! Restaurant)   | <p>Alive! Restaurant is The Farm's source of nourishment and organic vegan feast. Nutritious and all-natural ingredients are hand-picked from The Farm's own organic gardens. The farmers, soil, water, and sunshine are all nature's gifts.</p> <p>Alive! of The Farm at San Benito shares its three-pronged approach to healing and wellness—the soundness of mind, body, and spirit. Good food fuels the mind, body, and spirit to combat the daily aggressors.</p> |
| | 1300H | Continuation of wellness activities | |
| | 1900H | Dinner at the resort (Alive! Restaurant) | |
| | | Overnight | |
| | LIPA/MANILA | | |
| | | Breakfast at the resort | |

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| DAY 4 April 26, 2022 (Tuesday) | 0800H | Morning wellness activities    | <ul style="list-style-type: none"> • Yoga • Meditation • Food prep class • Power walks |
| | 1200H | Check-out | |
| | 1220H | Lunch at Imprenta Modern Filipina Cuisine Restaurant  | <p><i>Imprenta Modern Filipina Cuisine Restaurant</i> offers an inventive approach to native cuisine. It looks familiar. It tastes familiar. But there's something quite different about it. Let your eyes take in the atmosphere of the Spanish colonial era while your palate enjoys every single bite. One meal is transformed into a feast for the senses.</p> <p><i>Located in Hotel 1925 (Lipa, Batangas)</i></p> |
| | 1400H | Proceed back to Manila | |
| | 1600H | Hotel check-in | |
| END OF TOUR | | | |

TRAVEL REGULATIONS:

According to DOT Region IV-A, per the LGUs, only proof of vaccination is required for entry. Except for The Farm at San Benito where they require an antigen test onsite collection.